

Program Overview

The Clubhouse Young Adult Transition Program (CYATP) serves young adults ages 18-21 who are Lehigh County residents and are currently enrolled in a high school or post-secondary education program.

Participants must also be diagnosed with a mental illness and have a need for support as they transition to adulthood.

The program will focus on training, educating and supporting their transition into adulthood by exploring careers and post-secondary educational opportunities.

The program will also teach job skills, appropriate work and social behaviors and independent living skills.

This program is fully funded by the Office of Vocational Rehabilitation (OVR) and service is provided at no cost to individuals or referring agencies.



Contact Us

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Program

Mission Statement

To support the transition of young adults living with mental illness in achieving their vocational and educational potential.

Clubhouse of Lehigh County is a program of Goodwill Keystone Area
www.yourgoodwill.org



CLUBHOUSE
of Lehigh County
A PROGRAM OF GOODWILL KEYS-TONE AREA

Clubhouse Young Adult Transition Program



Growing Strong



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Program Components

Participation

Fun and Relaxation

Unit Participation

Our young adults will be fully integrated into existing Clubhouse units and benefit from engagement in meaningful activities including basic culinary skills, data entry, office skills, money management, maintenance and information technology.

Life Skills

Our young members will navigate an Independent Living Skills Curriculum and develop appropriate life skills in areas such as self-advocacy, developing a self-management and personal conduct plan, effective communication and control and self-management strategies.

Educational and Vocational Fulfillment

By blending integration into the existing Clubhouse model with specialized services geared to our young adults, we will assist in identifying and achieving educational and vocational goals. Some ways we will accomplish this include participation in Transitional employment sites, career exploration activities geared toward establishing educational and vocational assistance with job search tasks leading to competitive employment.

Program Components

- Vocational tours
- Self-care and daily living skills
- Travel training
- Technology skills
- Communication skills
- Job procurement
- Recreational activities
- Supported education

Our Young Adults will participate in the components of the program that best assist them in achieving their desired outcomes.

The day will include a blend of the Clubhouse Work-Ordered Day and specialized services geared toward the young adult population. Participant hours may vary due to other treatment or school requirements, however the Clubhouse hours of operation are 8 AM - 4 PM daily.

Members are expected to show respect for themselves and others, maintain regular attendance, dress for success and exhibit good citizenship. With their families, they will learn about community programs offering support and services to young adults living with mental illness, thus enabling our members to make informed decisions about their future.

Our Work-Ordered Day offers opportunities for participation in unit, policy and program meetings and interaction with other members. Unit participation offers engaging and meaningful activities while at Clubhouse. CYATP curriculum focuses on developing appropriate life skills such as self-advocacy, self-management and personal conduct and will be interspersed throughout the day.

There will be targeted supported education assistance allowing the young adults to tap into resources such as locating funding sources and help in completion of financial aid applications. Our goal is to provide a well-rounded program celebrating the educational and vocational strengths of our young adults.

Clubhouse also encourages learning to be fun! Some examples of these opportunities include:

- Monthly Cheers for Peers dinners. These are celebrations of member successes, large and small, including successful employment and educational achievements!
- Group tours to local colleges and universities.
- Travel training including stop-overs at local job fairs and other community resources.
- Seasonal recreational activities that build on social skills, time management, teamwork and planning.
- Occasional fundraisers that implement monetary skills, budgeting and bill paying.
- Establish friendships with peers that extend beyond CYATP.

